

Whom does PLAN serve?

PLANCTX serves adults with moderate to severe mental conditions such as schizophrenia, schizoaffective disorder, major depression, bipolar disorder, obsessive compulsive disorder and other anxiety, mood and cognitive disorders.

PLANCTX serves family members regardless of whether or not their relative chooses to receive PLAN services.

How PLANCTX bills for services

Most of our services are funded by private pay from service recipients and/or their families. A limited amount of grant-funded services are available for those who meet income eligibility criteria.

Care Management Services
\$85/hour

Individual / Family Therapy
\$100/hour, by LPC/LCSW

Peer Assistance Services
\$35/hour

Client & Family Groups
\$25/Group Session

YMCA membership
\$15/month

Mileage*
\$.50/mile

Travel Time*
\$25/hour for CM and Therapists
\$12/hour for Peer Assistants



PLANCTX was founded by the family members of individuals with severe mental health issues to help overcome the shortcomings in the public and private mental health system. PLAN helps "fill the gap" for our clients so they may receive the assistance they need in order to maintain a high quality of life and effectively manage their illness. PLAN's unique approach focuses on the needs of the family along with those of the client because the majority of adults who have severe mental health issues live with parents or family members or rely on them for assistance. PLAN of Central Texas is a member of the National PLAN Alliance.

<http://www.planctx.org>
www.nationalplanalliance.org

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PLANCTX envisions all people living mentally healthy lives.

We offer an array of customized services designed to enhance the lives of individuals and families facing mental health challenges.



(512) 851-0901

www.planctx.org