



September 2018

PLANCTX Groups and activities*
 Call (512) 851-0901 for more information
**pre-registration requested as fees may apply*
***YMCA pass required for groups at YMCA*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 11:00am-12:00pm Walking Club	4 10:00am-11:00am Gardening Club Sunshine Gardens, 4814 Sunshine Dr. 12:00-1:00pm Art Club	5 12:00pm-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	6 11:00am-12:00pm Aqua Club at YMCA	7	8
9	10 11:00am-12:00pm Walking Club	11 10:00am-11:00am Gardening Club Sunshine Gardens, 4814 Sunshine Dr. 12:00-1:00pm Art Club	12 12:00pm-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	13 11:00am-12:00pm Aqua Club at YMCA	14	15 Peer Social 11:00am – 1:00pm Jason’s Deli 1000 E. 41 st Street, Suite 940
16	17 11:00am-12:00pm Walking Club	18 10:00am-11:00am Gardening Club Zilker Gardens, 2220 Barton Springs Road 12:00-1:00pm Art Club	19 12:00pm-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	20 11:00am-12:00pm Aqua Club at YMCA	21	22
29	24 11:00am-12:00pm Walking Club	25 10:00am-11:00am Gardening Club Sunshine Gardens, 4814 Sunshine Dr. 12:00-1:00pm Art Club	26 12:00pm-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry 6:00 – 7:30pm Board Meeting	27 11:00am-12:00pm Aqua Club at YMCA	28	29 Family Lunch After the NAMI Walk Schlotzsky’s 218 S. Lamar Blvd.
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LOCATIONS:

Art Club: PLANCTX, Austin State Hospital, Bldg 781, Rm 415
Aqua Club: Town Lake YMCA, 1100 W. Cesar Chavez
Board Meeting: PLANCTX, Austin State Hospital, Bldg 781, Rm 415

LOCATIONS:

Good Chemistry: 6th Floor, Skyline Terrace, 1212 W Ben White
Healthy Eating: Community Kitchen, 1st Floor, Skyline Terrace, 1212 W Ben White
Walking Club: Barton Creek Mall, 2901 S. Cap. Texas Hwy