



# October 2018

## PLANCTX Groups and activities\*

Call (512) 851-0901 for more information

\*pre-registration requested as fees may apply

\*\*YMCA pass required for groups at YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:00am-12:00pm <b>Walking Club</b>	2 10:00am-11:00am <b>Gardening Club</b> 11:00am-12:00pm <b>Art Club</b>	3 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	4 11:00am-12:00pm <b>Aqua Club at YMCA</b>	5	6
7	8 11:00am-12:00pm <b>Walking Club</b>	9 10:00am-11:00am <b>Gardening Club</b> 11:00am-12:00pm <b>Art Club</b>	10 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	11 11:00am-12:00pm <b>Aqua Club at YMCA</b>	12	13
14	15 11:00am-12:00pm <b>Walking Club</b>	16 10:00am-11:00am <b>Gardening Club</b> 11:00am-12:00pm <b>Art Club</b>	17 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	18 11:00am-12:00pm <b>Aqua Club at YMCA</b>	19	20 <b>Peer Social</b> <b>11:00am – 1:00pm</b> Picnic at Mueller Lake Park 4550 Mueller Blvd, 78723
21	22 11:00am-12:00pm <b>Walking Club</b>	23 10:00am-11:00am <b>Gardening Club</b> 11:00am-12:00pm <b>Art Club</b>	24 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b> 6:00 – 7:30pm <b>Board Meeting</b>	25 11:00am-12:00pm <b>Aqua Club at YMCA</b>	26	27 <b>Family Dinner</b> <b>5:00 – 7:00pm</b> Newk's Eatery 9722 Great Hills Trail Suite 130, 78759
28	29 11:00am-12:00pm <b>Walking Club</b>	30 10:00am-11:00am <b>Gardening Club</b> 11:00am-12:00pm <b>Art Club</b>	31 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>			

### LOCATIONS:

Art Club: PLANCTX, Austin State Hospital, Bldg 781, Rm 415

Aqua Club: Town Lake YMCA, 1100 W. Cesar Chavez

Board Meeting: PLANCTX, Austin State Hospital, Bldg 781, Rm 415

### LOCATIONS:

Gardening Club – Good weather: Sunshine Gardens, 4814 Sunshine Dr.

Gardening Club – Bad weather: PLANCTX, Austin State Hospital, Bldg. 781, Rm 415

Good Chemistry: 6<sup>th</sup> Floor, Skyline Terrace, 1212 W Ben White

Healthy Eating: Community Kitchen, 1<sup>st</sup> Floor, Skyline Terrace, 1212 W Ben White