



# October 2018

## PLANCTX Groups and activities\*

Call (512) 851-0901 for more information

\*pre-registration requested as fees may apply

\*\*YMCA pass required for groups at YMCA

| Sunday | Monday                                       | Tuesday  | Wednesday  | Thursday  | Friday | Saturday  |
|--------|--|--|--|---|--------|---|
|        | 1<br>11:00am-12:00pm<br><b>Walking Club</b>  | 2<br>10:00am-11:00am<br><b>Gardening Club</b><br>11:00am-12:00pm<br><b>Art Club</b>  | 3<br>11:30am-1:00pm<br><b>Healthy Eating</b><br>1:00pm-2:00pm<br><b>Good Chemistry</b>   | 4<br>11:00am-12:00pm<br><b>Aqua Club at YMCA</b>  | 5      | 6   |
| 7      | 8<br>11:00am-12:00pm<br><b>Walking Club</b>  | 9<br>10:00am-11:00am<br><b>Gardening Club</b><br>11:00am-12:00pm<br><b>Art Club</b>  | 10<br>11:30am-1:00pm<br><b>Healthy Eating</b><br>1:00pm-2:00pm<br><b>Good Chemistry</b>  | 11<br>11:00am-12:00pm<br><b>Aqua Club at YMCA</b> | 12     | 13  |
| 14     | 15<br>11:00am-12:00pm<br><b>Walking Club</b> | 16<br>10:00am-11:00am<br><b>Gardening Club</b><br>11:00am-12:00pm<br><b>Art Club</b> | 17<br>11:30am-1:00pm<br><b>Healthy Eating</b><br>1:00pm-2:00pm<br><b>Good Chemistry</b>  | 18<br>11:00am-12:00pm<br><b>Aqua Club at YMCA</b> | 19     | 20<br><b>Peer Social</b><br><b>11:00am – 1:00pm</b><br>Bowling & Food at<br>Millenium Complex<br>1156 Hargrave, 78723 |
| 21     | 22<br>11:00am-12:00pm<br><b>Walking Club</b> | 23<br>10:00am-11:00am<br><b>Gardening Club</b><br>11:00am-12:00pm<br><b>Art Club</b> | 24<br>11:30am-1:00pm<br><b>Healthy Eating</b><br>1:00pm-2:00pm<br><b>Good Chemistry</b><br>6:00 – 7:30pm<br><b>Board Meeting</b> | 25<br>11:00am-12:00pm<br><b>Aqua Club at YMCA</b> | 26     | 27<br><b>Family Dinner</b><br><b>5:00 – 7:00pm</b><br>Newk's Eatery<br>9722 Great Hills Trail<br>Suite 130, 78759     |
| 28     | 29<br>11:00am-12:00pm<br><b>Walking Club</b> | 30<br>10:00am-11:00am<br><b>Gardening Club</b><br>11:00am-12:00pm<br><b>Art Club</b> | 31<br>11:30am-1:00pm<br><b>Healthy Eating</b><br>1:00pm-2:00pm<br><b>Good Chemistry</b>  |   |        |   |

### LOCATIONS:

Art Club: PLANCTX, Austin State Hospital, Bldg 781, Rm 415

Aqua Club: Town Lake YMCA, 1100 W. Cesar Chavez

Board Meeting: PLANCTX, Austin State Hospital, Bldg 781, Rm 415

### LOCATIONS:

Gardening Club – Good weather: Sunshine Gardens, 4814 Sunshine Dr.

Gardening Club – Bad weather: PLANCTX, Austin State Hospital, Bldg. 781, Rm 415

Good Chemistry: 6<sup>th</sup> Floor, Skyline Terrace, 1212 W Ben White

Healthy Eating: Community Kitchen, 1<sup>st</sup> Floor, Skyline Terrace, 1212 W Ben White