



November 2018

PLANCTX Groups and activities*

Call (512) 851-0901 for more information

*pre-registration requested as fees may apply

**YMCA pass required for groups at YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 11:00am-12:00pm Aqua Club at YMCA**	2	3
4	5 11:00am-12:00pm Walking Club	6 10:00am-11:00am Gardening Club 11:00am-12:00pm Art Club	7 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry 6:00 – 7:30pm Board Meeting	8 11:00am-12:00pm Aqua Club at YMCA**	9	10
11 11:00am-12:00pm Walking Club	12	13 10:00am-11:00am Gardening Club 11:00am-12:00pm Art Club	14 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	15 11:00am-12:00pm Aqua Club at YMCA**	16	17 Thanksgiving Peer Social and Family Dinner! 11:00am-1:00pm Luby's North Mopac 8176 N. MoPac Expw
18 11:00am-12:00pm Walking Club	19	20 10:00am-11:00am Gardening Club 11:00am-12:00pm Art Club	21 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	22 Thanksgiving Holiday – PLAN closed	23 Thanksgiving Holiday – PLAN closed	24
25 11:00am-12:00pm Walking Club	26	27 10:00am-11:00am Gardening Club 11:00am-12:00pm Art Club	28 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	29 11:00am-12:00pm Aqua Club at YMCA**	30	

LOCATIONS:

Art Club: PLANCTX, Austin State Hospital, Bldg 781, Rm 415

Aqua Club: Town Lake YMCA, 1100 W. Cesar Chavez

Board Meeting: PLANCTX, Austin State Hospital, Bldg 781, Rm 415

LOCATIONS:

Gardening Club – Good weather: Sunshine Gardens, 4814 Sunshine Dr.

Gardening Club – Bad weather: PLANCTX, Austin State Hospital, Bldg. 781, Rm 415

Good Chemistry: 6th Floor, Skyline Terrace, 1212 W Ben White

Healthy Eating: Community Kitchen, 1st Floor, Skyline Terrace, 1212 W Ben White