



# January 2019

## PLANCTX Groups and activities\*

Call (512) 851-0901 for more information

\*pre-registration requested as fees may apply

\*\*YMCA pass required for groups at YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <b>PLANCTX Office Closed</b> <b>HAPPY HOLIDAYS</b>	2 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	3 11:00am-12:00pm <b>Aqua Club at YMCA**</b>	4	5
6	7 11:00am-12:00pm <b>Walking Club</b>	8 10:00am-11:00am <b>Gardening Club at Home Depot, Barbara Jordon Blvd.</b> 11:00am-12:00pm <b>Art Club</b>	9 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b> 6:00-7:30pm <b>Board Meeting</b>	10 11:00am-12:00pm <b>Aqua Club at YMCA**</b>	11	12
13	14 11:00am-12:00pm <b>Walking Club</b>	15 10:00am-11:00am <b>Gardening Club at Shoal Creek Nursery-2710 Hancock Dr</b> 11:00am-12:00pm <b>Art Club</b>	16 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	17 11:00am-12:00pm <b>Aqua Club at YMCA**</b>	18	19 <b>Peer Social</b> 11:00am-1:00pm <b>Cici's Pizza</b> 9717 North Lamar
20	21 11:00am-12:00pm <b>Walking Club</b>	22 10:00am-11:00am <b>Gardening Club at Big Red Sun Nursery-1311 E. Cesar Chavez</b> 11:00am-12:00pm <b>Art Club at Big Red Sun Nursery-1311 E. Cesar Chavez</b>	23 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	24 11:00am-12:00pm <b>Aqua Club at YMCA**</b>	25	26 <b>ANNUAL FAMILY GATHERING</b> <b>Brunch and Guest Speaker – Dr. Daniel Morehead</b> 10:30am – 1:30pm St. Matthew's Episcopal Church, Huffman Hall 8134 Mesa Drive, 78759
27	28 11:00am-12:00pm <b>Walking Club</b>	29 10:00am-11:00am <b>Gardening Club at Sunshine Gardens – 4841 Sunshine Dr.</b> 11:00am-12:00pm <b>Art Club</b>	30 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	31 11:00am-12:00pm <b>Aqua Club at YMCA**</b>		

### LOCATIONS:

Art Club: PLANCTX, Austin State Hospital, Bldg 781, Rm 415

Aqua Club: Town Lake YMCA, 1100 W. Cesar Chavez

Board Meeting: PLANCTX, Austin State Hospital, Bldg 781, Rm 415

### LOCATIONS:

Good Chemistry: 6<sup>th</sup> Floor, Skyline Terrace, 1212 W Ben White

Healthy Eating: Community Kitchen, 1<sup>st</sup> Floor, Skyline Terrace, 1212 W Ben White

Walking Club: Barton Creek Mall, 2901 S. Cap. Texas Hwy