



January 2019

PLANCTX Groups and activities*

Call (512) 851-0901 for more information

*pre-registration requested as fees may apply

**YMCA pass required for groups at YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 PLANCTX Office Closed HAPPY HOLIDAYS	2 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	3 11:00am-12:00pm Aqua Club at YMCA**	4	5
6	7 11:00am-12:00pm Walking Club	8 10:00am-11:00am Gardening Club at Home Depot, Barbara Jordon Blvd. 11:00am-12:00pm Art Club	9 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry 6:00-7:30pm Board Meeting	10 11:00am-12:00pm Aqua Club at YMCA**	11	12
13	14 11:00am-12:00pm Walking Club	15 10:00am-11:00am Gardening Club at Shoal Creek Nursery-2710 Hancock Dr 11:00am-12:00pm Art Club	16 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	17 11:00am-12:00pm Aqua Club at YMCA**	18	19 Peer Social 11:00am-1:00pm Cici's Pizza 9717 North Lamar
20	21 11:00am-12:00pm Walking Club	22 10:00am-11:00am Gardening Club at Big Red Sun Nursery-1311 E. Cesar Chavez 11:00am-12:00pm Art Club at Big Red Sun Nursery-1311 E. Cesar Chavez	23 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	24 11:00am-12:00pm Aqua Club at YMCA** 6:00-7:30pm Board Meeting	25	26 ANNUAL FAMILY GATHERING Brunch and Guest Speaker – Dr. Daniel Morehead 10:30am – 1:30pm St. Matthew's Episcopal Church, Huffman Hall 8134 Mesa Drive, 78759
27	28 11:00am-12:00pm Walking Club	29 10:00am-11:00am Gardening Club at Sunshine Gardens – 4841 Sunshine Dr. 11:00am-12:00pm Art Club	30 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	31 11:00am-12:00pm Aqua Club at YMCA**		

LOCATIONS:

Art Club: PLANCTX, Austin State Hospital, Bldg 781, Rm 415

Aqua Club: Town Lake YMCA, 1100 W. Cesar Chavez

Board Meeting: PLANCTX, Austin State Hospital, Bldg 781, Rm 415

LOCATIONS:

Good Chemistry: 6th Floor, Skyline Terrace, 1212 W Ben White

Healthy Eating: Community Kitchen, 1st Floor, Skyline Terrace, 1212 W Ben White

Walking Club: Barton Creek Mall, 2901 S. Cap. Texas Hwy