



# February 2019

## PLANCTX Groups and activities\*

Call (512) 851-0901 for more information  
 \*pre-registration requested as fees may apply  
 \*\*YMCA pass required for groups at YMCA

| Sunday | Monday                                       | Tuesday  | Wednesday   | Thursday   | Friday | Saturday  |
|--------|--|--|---|--|--------|---|
|        |  |  |   |  | 1      | 2   |
| 3      | 4<br>11:00am-12:00pm<br><b>Walking Club</b>  | 5<br>10:00am-11:00am<br><b>Gardening Club</b><br>11:00am-12:00pm<br><b>Art Club</b>  | 6<br>11:30am-1:00pm<br><b>Healthy Eating</b><br>1:00pm-2:00pm<br><b>Good Chemistry</b>  | 7<br>11:00am-12:00pm<br><b>Aqua Club at YMCA**</b>   | 8      | 9   |
| 10     | 11<br>11:00am-12:00pm<br><b>Walking Club</b> | 12<br>10:00am-11:00am<br><b>Gardening Club</b><br>11:00am-12:00pm<br><b>Art Club</b> | 13<br>11:30am-1:00pm<br><b>Healthy Eating</b><br>1:00pm-2:00pm<br><b>Good Chemistry</b> | 14<br>11:00am-12:00pm<br><b>Aqua Club at YMCA**</b>  | 15     | 16<br><b>Peer Social</b><br>11:00am – 1:00pm<br>Bob Bullock History Museum<br>1800 N. Congress Ave. |
| 17     | 18<br>11:00am-12:00pm<br><b>Walking Club</b> | 19<br>10:00am-11:00am<br><b>Gardening Club</b><br>11:00am-12:00pm<br><b>Art Club</b> | 20<br>11:30am-1:00pm<br><b>Healthy Eating</b><br>1:00pm-2:00pm<br><b>Good Chemistry</b> | 21<br>11:00am-12:00pm<br><b>Aqua Club at YMCA**</b>  | 22     | 23<br><b>Family Dinner</b><br>5:00 – 7:00pm<br>Jason's Deli<br>3300 Bee Cave Rd.                    |
| 24     | 25<br>11:00am-12:00pm<br><b>Walking Club</b> | 26<br>10:00am-11:00am<br><b>Gardening Club</b><br>11:00am-12:00pm<br><b>Art Club</b> | 27<br>11:30am-1:00pm<br><b>Healthy Eating</b><br>1:00pm-2:00pm<br><b>Good Chemistry</b> | 28<br>11:00am-12:00pm<br><b>Aqua Club at YMCA**</b><br>6:00 – 7:30pm<br><b>Board Meeting</b> |        |   |

### LOCATIONS:

**Art Club:** PLANCTX, Austin State Hospital, Bldg 781, Rm 415  
**Aqua Club:** Town Lake YMCA, 1100 W. Cesar Chavez  
**Board Meeting:** PLANCTX, Austin State Hospital, Bldg 781, Rm 415

### LOCATIONS:

**Gardening Club – Good weather:** Sunshine Gardens, 4814 Sunshine Dr.  
**Gardening Club – Bad weather:** PLANCTX, Austin State Hospital, Bldg. 781, Rm 415  
**Good Chemistry:** 6<sup>th</sup> Floor, Skyline Terrace, 1212 W Ben White  
**Healthy Eating:** Community Kitchen, 1<sup>st</sup> Floor, Skyline Terrace, 1212 W Ben White