



# March 2019

## PLANCTX Groups and activities\*

Call (512) 851-0901 for more information  
 \*pre-registration requested as fees may apply  
 \*\*YMCA pass required for groups at YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 11:00am-12:00pm <b>Walking Club</b>	5 9:30-10:30am <b>Gardening Club</b> 10:30-11:30am <b>Art Club</b> 11:30am-1:00pm <b>Lunch Bunch</b> 1:00-2:00pm <b>Good Chemistry</b>	6 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	7 10:00-11:00am <b>Aqua Club at YMCA**</b>	8	9
10	11 11:00am-12:00pm <b>Walking Club</b>	12 9:30-10:30am <b>Gardening Club</b> 10:30-11:30am <b>Art Club</b> 11:30am-1:00pm <b>Lunch Bunch</b> 1:00-2:00pm <b>Good Chemistry</b>	13 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	14 10:00-11:00am <b>Aqua Club at YMCA**</b>	15	16 <b>Peer Social</b> 11:00am – 1:00pm Pinballz 8940 Research Blvd. Unit 100
17	18 11:00am-12:00pm <b>Walking Club</b>	19 9:30-10:30am <b>Gardening Club</b> 10:30-11:30am <b>Art Club</b> 11:30am-1:00pm <b>Lunch Bunch</b> 1:00-2:00pm <b>Good Chemistry</b>	20 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	21 10:00-11:00am <b>Aqua Club at YMCA**</b>	22	23



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24	25	26	27	28	29	30
	11:00am-12:00pm <b>Walking Club</b>	9:30-10:30am <b>Gardening Club</b> 10:30-11:30am <b>Art Club</b> 11:30am-1:00pm <b>Lunch Bunch</b> 1:00-2:00pm <b>Good Chemistry</b>  6:00-7:00pm <b>Board Meeting</b>	11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	10:00-11:00am <b>Aqua Club at YMCA**</b>	<b>Family Dinner</b> 5:00 – 7:00pm Golden Corral 12509 North Lamar Austin, TX 78753	
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**LOCATIONS:**

**Art Club:** PLANCTX, Austin State Hospital, Bldg 781, Rm 415  
**Aqua Club:** Town Lake YMCA, 1100 W. Cesar Chavez  
**Board Meeting:** PLANCTX, Austin State Hospital, Bldg 781, Rm 415  
**Gardening Club – Good weather:** Sunshine Gardens, 4814 Sunshine Dr.  
**Gardening Club – Bad weather:** PLANCTX, Austin State Hospital, Bldg. 781, Rm 415

**LOCATIONS:**

**Lunch Bunch:** The Palms, 8600 North Lamar  
**Good Chemistry on Tuesdays:** The Palms, 8600 North Lamar  
**Good Chemistry on Wednesdays:** 6<sup>th</sup> Floor, Skyline Terrace, 1212 W Ben White  
**Healthy Eating:** Community Kitchen, 1<sup>st</sup> Floor, Skyline Terrace, 1212 W Ben White  
**Walking Club:** Barton Creek Mall, 2901 S. Cap. Texas Hwy