



April 2019

PLANCTX Groups and activities*

Call (512) 851-0901 for more information

*pre-registration requested as fees may apply

**YMCA pass required for groups at YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:00am-12:00pm Walking Club	2 9:30 – 10:30am Gardening Club 10:30am-11:30am Art Club 11:30am-1:00pm Lunch Bunch 1:00-2:00pm Good Chemistry	3 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	4 10:00am-11:00am Aqua Club at North Austin YMCA**	5	6
7	8 11:00am-12:00pm Walking Club	9 9:30 – 10:30am Gardening Club 10:30am-11:30am Art Club 11:30am-1:00pm Lunch Bunch 1:00-2:00pm Good Chemistry	10 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	11 10:00am-11:00am Aqua Club at North Austin YMCA**	12	13
14	15 11:00am-12:00pm Walking Club	16 9:30 – 11:00am Combined Gardening and Art Club at Zilker Park 11:30am-1:00pm Lunch Bunch 1:00-2:00pm Good Chemistry	17 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	18 10:00am-11:00am Aqua Club at North Austin YMCA**	19	20 Peer Social 11:00am – 1:00pm Picnic at Zilker Metropolitan Park 2100 Barton Springs Rd. (meet at picnic tables behind large play structure)



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21	22	23	24	25	26	27
	11:00am-12:00pm Walking Club	9:30 – 10:30am Gardening Club 10:30am-11:30am Art Club 11:30am – 1:00pm Lunch Bunch 1:00-2:00pm Good Chemistry	11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	10:00am-11:00am Aqua Club at North Austin YMCA**		Family Dinner 5:00 – 7:00pm Buffet Palace 4608 West Gate Blvd.
28	29	30				
		9:30 – 10:30am Gardening Club 10:30am-11:30am Art Club 11:30am-1:00pm Lunch Bunch 1:00-2:00pm Good Chemistry 6:00-7:00pm Board Meeting				

LOCATIONS:

Art Club: PLANCTX, Austin State Hospital, Bldg 781, Rm 415
Aqua Club: North Austin YMCA, 1000 W Rundberg Ln, Austin, TX 78758
Board Meeting: PLANCTX, Austin State Hospital, Bldg 781, Rm 415
Gardening Club – Good weather: Sunshine Gardens, 4814 Sunshine Dr.
Gardening Club – Bad weather: PLANCTX, Austin State Hospital, Bldg. 781, Rm 415

LOCATIONS:

Lunch Bunch: The Palms, 8600 North Lamar
Good Chemistry on Tuesdays: The Palms, 8600 North Lamar
Good Chemistry: 6th Floor, Skyline Terrace, 1212 W Ben White
Healthy Eating: Community Kitchen, 1st Floor, Skyline Terrace, 1212 W Ben White
Walking Club: Barton Creek Mall, 2901 S. Cap. Texas Hwy