



May 2019

PLANCTX Groups and activities*

Call (512) 851-0901 for more information

*pre-registration requested as fees may apply

**YMCA pass required for groups at YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	2 10:00-11:00am Art Club at the Palms 10:00-11:00am Aqua Club at North Austin YMCA**	3	4
5	6 11:00am-12:00pm Walking Club	7 9:30-10:30am Gardening Club 10:30-11:30am Art Club 11:30am-1:00pm Lunch Bunch 1:00-2:00pm Good Chemistry	8 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	9 10:00-11:00am Art Club at the Palms 10:00-11:00am Aqua Club at North Austin YMCA**	10	11
12	13 11:00am-12:00pm Walking Club	14 9:30-10:30am Gardening Club 10:30-11:30am Art Club 11:30am-1:00pm Lunch Bunch 1:00-2:00pm Good Chemistry	15 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	16 10:00-11:00am Art Club at the Palms 10:00-11:00am Aqua Club at North Austin YMCA**	17	18 Peer Social 11:00am – 1:00pm CiCi's Pizza 8940 Research Blvd Unit 100



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19	20	21	22	23	24	25
11:00am-12:00pm Walking Club	9:30-10:30am Gardening Club 10:30-11:30am Art Club 11:30am-1:00pm Lunch Bunch 1:00-2:00pm Good Chemistry	11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	10:00-11:00am Art Club at the Palms 10:00-11:00am Aqua Club at North Austin YMCA**	Family Dinner 5:00-7:00pm Brick Oven – Arboretum 10710 Research Blvd.		
26	27	28	29	30	31	
11:00am-12:00pm Walking Club	9:30-10:30am Gardening Club 10:30-11:30am Art Club 11:30am-1:00pm Lunch Bunch 1:00-2:00pm Good Chemistry	11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry 6:00 – 7:30pm Board Meeting	10:00-11:00am Art Club at the Palms 10:00-11:00am Aqua Club at North Austin YMCA**			
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LOCATIONS:

Art Club: PLANCTX, Austin State Hospital, Bldg 781, Rm 415
Art Club at the Palms: 8600 North Lamar
Aqua Club: North Austin YMCA, 1000 W Rundberg Ln, Austin, TX 78758
Board Meeting: PLANCTX, Austin State Hospital, Bldg 781, Rm 415
Gardening Club – Good weather: Sunshine Gardens, 4814 Sunshine Dr.
Gardening Club – Bad weather: PLANCTX, Austin State Hospital, Bldg. 781, Rm 415

LOCATIONS:

Lunch Bunch: The Palms, 8600 North Lamar
Good Chemistry on Tuesdays: The Palms, 8600 North Lamar
Good Chemistry: 6th Floor, Skyline Terrace, 1212 W Ben White
Healthy Eating: Community Kitchen, 1st Floor, Skyline Terrace, 1212 W Ben White
Walking Club: Barton Creek Mall, 2901 S. Cap. Texas Hwy