



# May 2019

## PLANCTX Groups and activities\*

Call (512) 851-0901 for more information  
 \*pre-registration requested as fees may apply  
 \*\*YMCA pass required for groups at YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	2 10:00-11:00am <b>Art Club at the Palms</b>  10:00-11:00am <b>Aqua Club at North Austin YMCA**</b>	3	4
5	6 11:00am-12:00pm <b>Walking Club</b>	7 9:30-10:30am <b>Gardening Club</b> 10:30-11:30am <b>Art Club</b> 11:30am-1:00pm <b>Lunch Bunch</b> 1:00-2:00pm <b>Good Chemistry</b>	8 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	9 10:00-11:00am <b>Art Club at the Palms</b>  10:00-11:00am <b>Aqua Club at North Austin YMCA**</b>	10	11
12	13 11:00am-12:00pm <b>Walking Club</b>	14 9:30-10:30am <b>Gardening Club</b> 10:30-11:30am <b>Art Club</b> 11:30am-1:00pm <b>Lunch Bunch</b> 1:00-2:00pm <b>Good Chemistry</b>	15 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	16 10:00-11:00am <b>Art Club at the Palms</b>  10:00-11:00am <b>Aqua Club at North Austin YMCA**</b>	17	18 <b>Peer Social</b> 11:00am – 1:00pm CiCi's Pizza 9717 N Lamar Blvd Austin, TX 78753



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19	20	21	22	23	24	25
11:00am-12:00pm <b>Walking Club</b>	9:30-10:30am <b>Gardening Club</b> 10:30-11:30am <b>Art Club</b> 11:30am-1:00pm <b>Lunch Bunch</b> 1:00-2:00pm <b>Good Chemistry</b>	11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	10:00-11:00am <b>Art Club at the Palms</b>  10:00-11:00am <b>Aqua Club at North Austin YMCA**</b>	<b>Family Dinner</b> 5:00-7:00pm Brick Oven – Arboretum 10710 Research Blvd.		
26	27	28	29	30	31	
11:00am-12:00pm <b>Walking Club</b>	9:30-10:30am <b>Gardening Club</b> 10:30-11:30am <b>Art Club</b> 11:30am-1:00pm <b>Lunch Bunch</b> 1:00-2:00pm <b>Good Chemistry</b>  6:00 – 7:30pm <b>Board Meeting</b>	11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	10:00-11:00am <b>Art Club at the Palms</b>  10:00-11:00am <b>Aqua Club at North Austin YMCA**</b>			
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### LOCATIONS:

**Art Club:** PLANCTX, Austin State Hospital, Bldg 781, Rm 415  
**Art Club at the Palms:** 8600 North Lamar  
**Aqua Club:** North Austin YMCA, 1000 W Rundberg Ln, Austin, TX 78758  
**Board Meeting:** PLANCTX, Austin State Hospital, Bldg 781, Rm 415  
**Gardening Club – Good weather:** Sunshine Gardens, 4814 Sunshine Dr.  
**Gardening Club – Bad weather:** PLANCTX, Austin State Hospital, Bldg. 781, Rm 415

### LOCATIONS:

**Lunch Bunch:** The Palms, 8600 North Lamar  
**Good Chemistry on Tuesdays:** The Palms, 8600 North Lamar  
**Good Chemistry:** 6<sup>th</sup> Floor, Skyline Terrace, 1212 W Ben White  
**Healthy Eating:** Community Kitchen, 1<sup>st</sup> Floor, Skyline Terrace, 1212 W Ben White  
**Walking Club:** Barton Creek Mall, 2901 S. Cap. Texas Hwy