



# July 2019

## PLANCTX Groups and activities\*

Call (512) 851-0901 for more information  
 \*pre-registration requested as fees may apply  
 \*\*YMCA pass required for groups at YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:00am-12:00pm <b>Walking Club</b>	2 9:30-10:30am <b>Gardening Club</b> 10:30am-11:30am <b>Art Club</b> 11:30am-1:00pm <b>Healthy Eating</b> 1:00-2:00pm <b>Good Chemistry</b>	3 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	4 10:00-11:00am <b>Art Club at the Palms</b>  11:00am-12:00pm <b>Aqua Club at North Austin YMCA**</b>	5	6
7	8 11:00am-12:00pm <b>Walking Club</b>	9 9:30-10:30am <b>Gardening Club</b> 10:30am-11:30am <b>Art Club</b> 11:30am-1:00pm <b>Healthy Eating</b> 1:00-2:00pm <b>Good Chemistry</b>	10 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	11 10:00-11:00am <b>Art Club at the Palms</b>  11:00am-12:00pm <b>Aqua Club at North Austin YMCA**</b>	12	13
14	15 11:00am-12:00pm <b>Walking Club</b>	16 9:30-10:30am <b>Gardening Club</b> 10:30am-11:30am <b>Art Club</b> 11:30am-1:00pm <b>Healthy Eating</b> 1:00-2:00pm <b>Good Chemistry</b>	17 11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	18 10:00-11:00am <b>Art Club at the Palms</b>  11:00am-12:00pm <b>Aqua Club at North Austin YMCA**</b>	19	20 <b>Board Meeting</b> 10:00 – 10:30am <b>Board Retreat</b> 10:30am – 4:45pm  <b>Peer Social</b> 11:00am – 1:00pm Lion King movie Galaxy Highland Theaters 6700 Middle Fiskville Rd. Austin, TX 78752



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21	22	23	24	25	26	27
11:00am-12:00pm <b>Walking Club</b>	9:30-10:30am <b>Gardening Club</b> 10:30am-11:30am <b>Art Club</b> 11:30am-1:00pm <b>Healthy Eating</b> 1:00-2:00pm <b>Good Chemistry</b>	11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>	10:00-11:00am <b>Art Club at the Palms</b>  11:00am-12:00pm <b>Aqua Club at North Austin YMCA**</b>	<b>Family Dinner</b> 5:00-7:00pm Luby's Cafeteria 8176 N Mopac Expy. Austin, TX 78759		
28	29	30	31			
11:00am-12:00pm <b>Walking Club</b>	9:30-10:30am <b>Gardening Club</b> 10:30am-11:30am <b>Art Club</b> 11:30am-1:00pm <b>Healthy Eating</b> 1:00-2:00pm <b>Good Chemistry</b>	11:30am-1:00pm <b>Healthy Eating</b> 1:00pm-2:00pm <b>Good Chemistry</b>				

### LOCATIONS:

**Art Club:** In the Community or at PLANCTX, Austin State Hospital, Bldg 781, Rm 415  
**Art Club at the Palms:** 8600 North Lamar  
**Aqua Club:** North Austin YMCA, 1000 W Rundberg Ln, Austin, TX 78758  
**Board Meeting:** North Village Branch Library, 2505 North Steck, Austin 78757  
**Board Retreat:** North Village Branch Library, 2505 North Steck, Austin 78757  
**Gardening Club –** Sunshine Gardens, 4814 Sunshine Dr.

### LOCATIONS:

**Lunch Bunch:** The Palms, 8600 North Lamar  
**Good Chemistry on Tuesdays:** The Palms, 8600 North Lamar  
**Good Chemistry:** 6<sup>th</sup> Floor, Skyline Terrace, 1212 W Ben White  
**Healthy Eating:** Community Kitchen, 1<sup>st</sup> Floor, Skyline Terrace, 1212 W Ben White  
**Walking Club:** Barton Creek Mall, 2901 S. Cap. Texas Hwy