



September 2019

PLANCTX Groups and activities*

Call (512) 851-0901 for more information
**pre-registration requested as fees may apply*
***YMCA pass required for groups at YMCA*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 PLAN Office Closed for Labor Day	3 9:30-10:30am Gardening Club 10:30am-11:30am Art Club 11:30am-1:00pm Healthy Eating 1:00-2:00pm Good Chemistry	4 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	5 10:00-11:00am Art Club at the Palms 11:00am-12:00pm Aqua Club at North Austin YMCA** 1:00-2:00pm Good Chemistry	6	7
8	9 11:00am-12:00pm Walking Club	10 9:30-10:30am Gardening Club 10:30am-11:30am Art Club 11:30am-1:00pm Healthy Eating 1:00-2:00pm Good Chemistry	11 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	12 10:00-11:00am Art Club at the Palms 11:00am-12:00pm Aqua Club at North Austin YMCA** 1:00-2:00pm Good Chemistry	13	14
15	16 11:00am-12:00pm Walking Club	17 9:30-10:30am Gardening Club 10:30am-11:30am Art Club 11:30am-1:00pm Healthy Eating 1:00-2:00pm Good Chemistry	18 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	19 10:00-11:00am Art Club at the Palms 11:00am-12:00pm Aqua Club at North Austin YMCA** 1:00-2:00pm Good Chemistry	20	21 Peer Social 11:00am – 1:00pm Pinballz Arcade 8940 Research Blvd, Unit 100 Austin, TX 78758



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22	23	24	25	26	27	28
<p>11:00am-12:00pm Walking Club</p>	<p>9:30-10:30am Gardening Club 10:30am-11:30am Art Club 11:30am-1:00pm Healthy Eating 1:00-2:00pm Good Chemistry</p>	<p>11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry</p>	<p>10:00-11:00am Art Club at the Palms 11:00am-12:00pm Aqua Club at North Austin YMCA** 1:00-2:00pm Good Chemistry</p>	<p>Family Dinner Sign up at https://www.groupraise.com/events/102400 5:00 – 7:00pm Modern Market Eatery 3201 Bee Cave Rd Suite 144 Austin 78746</p>		
29	30					
<p>11:00am-12:00pm Walking Club 6:00 – 7:30pm Board Meeting</p>						

LOCATIONS:

Art Club: In the Community or at PLANCTX, Austin State Hospital, Bldg 781, Rm 415
Art Club at the Palms: 8600 North Lamar
Aqua Club: North Austin YMCA, 1000 W Rundberg Ln, Austin, TX 78758
Board Meeting: PLANCTX, Austin State Hospital, Bldg 781, Rm 415
Gardening Club – Sunshine Gardens, 4814 Sunshine Dr.

LOCATIONS:

Good Chemistry on Tuesdays: The Palms, 8600 North Lamar
Good Chemistry on Wednesdays: 6th Floor, Skyline Terrace, 1212 W Ben White
Good Chemistry on Thursdays: Gateway Apartments, 505 Swanee, meet in parking lot
Healthy Eating on Tuesdays: The Palms, 8600 North Lamar
Healthy Eating on Wednesdays: Community Kitchen, 1st Floor, Skyline Terrace, 1212 W Ben White
Walking Club: Barton Creek Mall, 2901 S. Cap. Texas Hwy