



January 2020

PLANCTX Groups and activities*

Call (512) 851-0901 for more information
 *pre-registration requested as fees may apply
 **YMCA pass required for groups at YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 PLAN Office closed for the holiday	2 10:00-11:00am Art Club at the Palms 11:00am-12:00pm Aqua Club at North Austin YMCA**	3	4
5	6 11:30am – 12:30pm Good Chemistry at Coventry 1:15-2:15pm Good Chemistry at Gateway	7 9:30-10:30am Gardening Club 10:30am-11:30am Art Club 11:30am-1:00pm Healthy Eating 1:00-2:00pm Good Chemistry	8 11:30am-1:00pm Healthy Eating 1:00-2:00pm Good Chemistry	9 10:00-11:00am Art Club at the Palms 11:00am-12:00pm Aqua Club at North Austin YMCA**	10	11
12	13 11:30am – 12:30pm Good Chemistry at Coventry 1:15-2:15pm Good Chemistry at Gateway	14 9:30-10:30am Gardening Club 10:30am-11:30am Art Club 11:30am-1:00pm Healthy Eating 1:00-2:00pm Good Chemistry	15 11:30am-1:00pm Healthy Eating 1:00-2:00pm Good Chemistry	16 11:00am-12:00pm Art Club at the Palms 11:00am-12:00pm Aqua Club at North Austin YMCA**	17	18 Peer Social 11:00am – 1:00pm Bowling! Dart Bowl 5700 Grover Avenue



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19	20	21	22	23	24	25
<p>11:30am – 12:30pm Good Chemistry at Coventry</p> <p>1:15-2:15pm Good Chemistry at Gateway</p>	<p>9:30-10:30am Gardening Club</p> <p>10:30am-11:30am Art Club</p> <p>11:30am-1:00pm Healthy Eating</p> <p>1:00-2:00pm Good Chemistry</p> <p>6:00-7:30 Board Meeting</p>	<p>11:30am-1:00pm Healthy Eating</p> <p>1:00-2:00pm Good Chemistry</p>	<p>11:00am-12:00pm Art Club at the Palms</p> <p>11:00am-12:00pm Aqua Club at North Austin YMCA**</p>			<p>Family Dinner and Annual Meeting</p> <p>5:00-7:00pm Threadgill's 6416 N Lamar Blvd, Austin, TX 78752</p>
26	27	28	29	30	31	
<p>11:30am – 12:30pm Good Chemistry at Coventry</p> <p>1:15-2:15pm Good Chemistry at Gateway</p>	<p>9:30-10:30am Gardening Club</p> <p>10:30am-11:30am Art Club</p> <p>11:30am-1:00pm Healthy Eating</p> <p>1:00-2:00pm Good Chemistry</p>	<p>11:30am-1:00pm Healthy Eating</p> <p>1:00-2:00pm Good Chemistry</p>	<p>11:00am-12:00pm Art Club at the Palms</p> <p>11:00am-12:00pm Aqua Club at North Austin YMCA**</p>			

LOCATIONS:

Art Club at the Palms: 8600 North Lamar
Aqua Club: North Austin YMCA, 1000 W Rundberg Ln, Austin, TX 78758
Board Meeting: PLANCTX, Austin State Hospital, Bldg 781, Rm 415
Gardening Club – Sunshine Gardens, 4814 Sunshine Dr.

LOCATIONS:

Good Chemistry at Coventry: 5404 Coventry Lane
Good Chemistry at Gateway: 505 Swanee, meet in parking lot
Good Chemistry on Tuesdays: The Palms, 8600 North Lamar
Good Chemistry on Wednesdays: Skyline Terrace, 1212 W. Ben White Blvd.
Healthy Eating on Tuesdays: The Palms, 8600 North Lamar
Healthy Eating on Wednesdays: Skyline Terrace, 1212 W. Ben White Blvd.