



October 2018

PLANCTX Groups and activities*

Call (512) 851-0901 for more information

*pre-registration requested as fees may apply

**YMCA pass required for groups at YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:00am-12:00pm Walking Club	2 10:00am-11:00am Gardening Club 11:00am-12:00pm Art Club	3 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	4 11:00am-12:00pm Aqua Club at YMCA	5	6
7	8 11:00am-12:00pm Walking Club	9 10:00am-11:00am Gardening Club 11:00am-12:00pm Art Club	10 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	11 11:00am-12:00pm Aqua Club at YMCA	12	13
14	15 11:00am-12:00pm Walking Club	16 10:00am-11:00am Gardening Club 11:00am-12:00pm Art Club	17 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	18 11:00am-12:00pm Aqua Club at YMCA	19	20 Peer Social 11:00am – 1:00pm Bowling & Food at Millenium Complex 1156 Hargrave, 78723
21	22 11:00am-12:00pm Walking Club	23 10:00am-11:00am Gardening Club 11:00am-12:00pm Art Club	24 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry 6:00 – 7:30pm Board Meeting	25 11:00am-12:00pm Aqua Club at YMCA	26	27 Family Dinner 5:00 – 7:00pm Newk's Eatery 9722 Great Hills Trail Suite 130, 78759
28	29 11:00am-12:00pm Walking Club	30 10:00am-11:00am Gardening Club 11:00am-12:00pm Art Club	31 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry			

LOCATIONS:

Art Club: PLANCTX, Austin State Hospital, Bldg 781, Rm 415

Aqua Club: Town Lake YMCA, 1100 W. Cesar Chavez

Board Meeting: Central Market North meeting room, 4001 N. Lamar

LOCATIONS:

Gardening Club – Good weather: Sunshine Gardens, 4814 Sunshine Dr.

Gardening Club – Bad weather: PLANCTX, Austin State Hospital, Bldg. 781, Rm 415

Good Chemistry: 6th Floor, Skyline Terrace, 1212 W Ben White

Healthy Eating: Community Kitchen, 1st Floor, Skyline Terrace, 1212 W Ben White