



June 2019

PLANCTX Groups and activities*
 Call (512) 851-0901 for more information
**pre-registration requested as fees may apply*
***YMCA pass required for groups at YMCA*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 11:00am-12:00pm Walking Club	4 9:30-10:30am Gardening Club 10:30am-11:30am Art Club 11:30am-1:00pm Lunch Bunch 1:00-2:00pm Good Chemistry	5 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	6 10:00-11:00am Art Club at the Palms 11:00am-12:00pm Aqua Club at North Austin YMCA**	7	8
9	10 11:00am-12:00pm Walking Club	11 9:30-10:30am Gardening Club 10:30am-11:30am Art Club 11:30am-1:00pm Lunch Bunch 1:00-2:00pm Good Chemistry	12 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	13 10:00-11:00am Art Club at the Palms 11:00am-12:00pm Aqua Club at North Austin YMCA**	14	15 Peer Social 11:00am – 1:00pm Bowling and food at Millennium 1156 Hargrave St, Austin, TX 78702
16	17 11:00am-12:00pm Walking Club	18 9:30-10:30am Gardening Club 10:30am-11:30am Art Club 11:30am-1:00pm Lunch Bunch 1:00-2:00pm Good Chemistry	19 11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	20 10:00-11:00am Art Club at the Palms 11:00am-12:00pm Aqua Club at North Austin YMCA**	21	22



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23	24	25	26	27	28	29
	11:00am-12:00pm Walking Club	9:30-10:30am Gardening Club 10:30am-11:30am Art Club 11:30am-1:00pm Lunch Bunch 1:00-2:00pm Good Chemistry 6:00 – 7:30pm Board Meeting	11:30am-1:00pm Healthy Eating 1:00pm-2:00pm Good Chemistry	10:00-11:00am Art Club at the Palms 11:00am-12:00pm Aqua Club at North Austin YMCA**		Family Dinner 5:00-7:00pm Rudy's BBQ 3914 N Lamar Austin 512-838-3337
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LOCATIONS:

Art Club: PLANCTX, Austin State Hospital, Bldg 781, Rm 415
Art Club at the Palms: 8600 North Lamar
Aqua Club: North Austin YMCA, 1000 W Rundberg Ln, Austin, TX 78758
Board Meeting: PLANCTX, Austin State Hospital, Bldg 781, Rm 415
Gardening Club – Good weather: Sunshine Gardens, 4814 Sunshine Dr.
Gardening Club – Bad weather: PLANCTX, Austin State Hospital, Bldg. 781, Rm 415

LOCATIONS:

Lunch Bunch: The Palms, 8600 North Lamar
Good Chemistry on Tuesdays: The Palms, 8600 North Lamar
Good Chemistry: 6th Floor, Skyline Terrace, 1212 W Ben White
Healthy Eating: Community Kitchen, 1st Floor, Skyline Terrace, 1212 W Ben White
Walking Club: Barton Creek Mall, 2901 S. Cap. Texas Hwy